

# EVERYTHING YOU HAVE ALWAYS WANTED TO KNOW ABOUT... **THE SUPER SUNNY SKIES SLEEPOUT!!!**

Traditionally, the Super Sunny Skies Sleepout is the **BIG EVENT** of the summer for members of our Sunny Skies family. Campers enjoy an exciting night sleeping at camp under the stars, creating and performing skits, and sharing a traditional campfire of songs and stories. As always, our caring staff creates a family atmosphere which allows children to feel safe, secure, and happy. Campers of all ages are invited to participate in this special overnight opportunity!

For some campers this will be their very first time away from home or their first time sleeping outdoors while others may have more experience with sleeping out. The Super Sunny Skies Sleepout has been a super successful night for lots of children over the years! You may have some questions about the sleepout such as: Is my child ready for this? What will it be like? What should I bring? What's for dinner? We're glad that you asked! This special sleepout flier was designed to help answer some of the more commonly asked questions about the sleepout. If you have any further questions please don't hesitate to call us!

## **EQUIPMENT NEEDED**

To fully enjoy all that the sleepout has to offer, it is important that campers bring the right equipment. The following is a list of supplies to send along with your camper(s). **Clearly label all of the articles that your child(ren) bring to camp so that we can help campers bring their own things home.**

Please pack all of the following in a large, heavy duty garbage bag (or duffel bag), clearly marked with your child's name and his/her counselor's name. If your child rides on a camp bus, your bus counselor will instruct you which day to bring your equipment; if you drive your child to camp, bring their sleepout bag on that Thursday or Friday.

1. SLEEPING BAG                      All of our campers and staff sleep outside on our grass ball field. Even during warm summer days, the nights here at camp can be quite cold. It is important to send an outdoor type sleeping bag that will provide warmth for your child. (Typically a light weight cloth sleeping bag does not keep children warm enough when spending the night outdoors)
2. GROUND TARP                      Because we sleep on grass which becomes damp at night, it is important that our sleeping bags are situated on top of waterproof ground tarps. They are usually quite large, so if it is difficult for you to get one – don't worry. We usually have more than enough. (They can be purchased at any home improvement store.)
3. JACKET                              A very warm sweatshirt may also do the trick; it can get chilly and it's nice to have warm clothes to wear and even to sleep in.
4. FLASHLIGHT                      It does get dark and flashlights sure help us find our sleeping bags after the campfire. They also help light the path to the bathrooms. It helps to start with a fresh pair of batteries too! (Be sure to write your name on it!)
5. TOILETRIES                      Toothbrush, toothpaste, or any other necessary articles.
6. A SMILE                              The Super Sunny Skies Sleepout is FUN!!!

**In your camper(s) regular camp bag (not in the big sleepout bag) bring on Sleepout Friday:**

7. LONG PANTS                      All campers put on their long pants in the late afternoon before it gets dark.
8. EXTRA TOWEL &  
BATHING SUIT                      We go for an afternoon swim and like to have a dry suit and towel to use. (This does not apply to children in our "Sun" groups -- those entering kindergarten in the fall or younger do not take an extra swim in the afternoon)

## **ANSWERS TO THE 7 MOST COMMONLY ASKED QUESTIONS ABOUT THE SLEEPOUT**

1. **Will my child's regular camp counselor be there?**

YES! (except for illness) Most of our staff are with us at the sleepout and we wouldn't do it any other way. Our staff are the people who make camp great and they are the people who allow the children who attend the sleepout to feel safe and comfortable while having fun.

2. **Where does everybody sleep?**

All of the campers and staff sleep on the ball field. Campers sleep in one specific area of the ball field with their own group and with their counselors. Members of our Leadership Team are awake all night tucking in children who wiggle out of their sleeping bags, helping children find the restrooms, and generally just being there for any child who may need or want our reassurance or help. (If we look a little sleepy in the morning you'll know why!)

3. **Should/Can we come visit?**

While parents are always welcome to visit Sunny Skies, **WE REQUEST THAT YOU DO NOT VISIT ON SLEEPOUT NIGHT.** For a child who is having one of his/her first experiences away from home, it is difficult for him/her to separate from you when you say goodbye earlier that day; if you come to visit it will force them to separate a second time which is even more difficult and sometimes unsuccessful. This is their big night and they are going to be just fine! You have permitted them to attend this special evening and you will hear all of the stories when you see them on Saturday morning. Please know that if there is a child who is tearful or who is not having a Super Sunny Skies Sleepout we will comfort them and, if necessary, we will call you to let you know that it just isn't working out. You as a parent need to feel comfortable about the sleepout or you may be the one who suffers from separation anxiety! If you have these types of concerns please call us so that we can discuss them.

4. **Is my child ready for this?**

Only you and your child can really determine if they are ready for the sleepout. We make every effort to create a warm family feeling at camp and nowhere does that exist more than on the night of the sleepout. Your child knows the other campers in his/her group and knows his/her counselor like a big brother or sister. Over the years the sleepout has been successful for the children who have attended. If you have questions about whether or not your child is ready please call us so that together we can help make the decision that's best for your child. Our philosophy is that a child who is feeling reluctant about attending the sleepout should not attend; there are lots of summers in a child's life and while some children are ready to attend the sleepout this summer, others will be ready in future summers.

5. **What will my child be like on Saturday morning?**

Children will come home excited to tell you about their big night away from home! They will have eaten a nice warm, hearty breakfast and will feel proud about the accomplishment of having been at camp all night. A good strategy (depending on your family's weekend schedule) is to leave Saturday unscheduled. Plan on a shower or bath when they arrive home, washing some dirty clothes, and maybe an afternoon nap!

6. **Why did my child say that he woke up all wet on Saturday morning?**

One of the tricks of nature is condensation! When we wake up on Saturday morning there is some dampness that has settled upon us during the night. Some nights are more damp than others but even the clearest and warmest nights bring fresh morning dew.

7. **What if my child does not regularly attend camp on Friday?**

Children who are not regularly scheduled for camp on Fridays CAN attend the sleepout! Plan to drive your child to camp on Friday afternoon (bring sleeping bag and other supplies with you) and join us between 3:00 - 4:00. Your child's counselor and group will be waiting for him/her on the lawn area.

If your child would like to bring a teddy bear or blanket, please send them with their 2nd favorite "friend" rather than their favorite one...just in case it gets lost!

## SAMPLE SCHEDULE

(Actual schedules will be different for each group; this gives you some idea of the basic structure)

### Friday

3:30 - 3:55	Afternoon Snack
3:55 - 4:35	Set up your group's sleeping area on the ball field
4:35 - 5:15	Grass Games
5:15 - 6:00	Afternoon Swim (Except for entering Pre-K and Kindergarten age groups)
6:00 - 6:40	Eat Dinner (Pizza, noodles, salad, soda...yummy!)
6:40 - 7:15	Practice group skit for evening performances
7:15 - 8:45	Skit Performances in Amphitheater
8:45 - 9:10	Cookies and Milk (some younger children will go to sleep at this point)
9:10 - 9:45	Campfire
10:00ish	Night Night!

### Saturday

6:15 - 7:00	Wake up and pack up (with help from your counselors)
7:00 - 7:40	Breakfast (Scrambled eggs, bagels and cream cheese, cantaloupe, Cheerios, orange juice)
7:40 - 8:30	Finish packing and play quiet games
8:30 - 9:15	Saturday Morning Sunrise Assembly
9:35	Buses leave
9:45 - 10:00	Parents arrive who are picking up their children <u>from camp</u>

## SUPER SUNNY SKIES SLEEPOUT ENROLLMENT INFORMATION

1. SUPER SUNNY SKIES SLEEPOUT - Friday Night, August 17, 2007 to Saturday Morning, August 18, 2007.
2. Meals: Pizza and noodles for dinner and eggs and bagels for breakfast.
3. Fee: \$76.50 per camper.
4. CHILDREN NOT ATTENDING THE SLEEPOUT WILL BE RETURNED TO THEIR MEETING POINTS AT THE REGULAR TIMES ON FRIDAY AFTERNOON.
5. EQUIPMENT NEEDED: These items are the only necessary ones. PLEASE LABEL THESE ITEMS!  
a) Sleeping Bag b) Waterproof Tarp c) Jacket or Warm Sweater d) Long Pants e) Extra Towel and Bathing Suit  
f) Working Flashlight (fresh batteries) g) Necessary Toiletries h) Good Mood!
6. This equipment is to be ready for delivery to camp preceding Sleepout Day. Be sure every item is clearly labeled with camper's name. Put all equipment in a HEAVY - DUTY garbage bag and label the bag with the camper **and counselor's names**. Bus counselors will instruct your child as to what day the equipment should be brought to camp.
7. PERTINENT FACTS:
  - a) Children attending the Sleepout whose regular day is not Friday, August 17th should be brought to camp between 3 P.M. and 4 P.M. on Friday and should bring their sleepout equipment with them at that time.
  - b) On Saturday morning all children who are regularly transported on Camp transportation, will be brought by their bus to their regular afternoon bus stop. (or if you prefer, you can pick your child up from camp that morning by checking off the appropriate spot on the sign-up slip.) The buses leave at about 9:35 a.m. See the Saturday morning transportation schedule for details.
  - c) All Sleepout Reservations **MUST BE CONFIRMED BY RETURNING THE ATTACHED CONFIRMATION SLIP TOGETHER WITH \$76.50 PAYMENT PER CAMPER. RESERVATIONS MAY NOT BE MADE BY PHONE, AND MUST BE RECEIVED IN THE CAMP OFFICE NO LATER THAN FRIDAY, August 10<sup>th</sup>.**
  - d) **Parents who transport their own children will need to pick up their children from the sleepout between 9:45 & 10:00 A.M. Saturday.**

**Sign-Up Slip & Saturday Morning Bus Schedule On Back →**

# Saturday Morning Bus Schedule

Buses are scheduled to depart from camp at 9:35-9:40 Saturday Morning  
 Traffic will be lighter than usual, but it will take a few extra minutes  
 to help campers unload their sleepout bags!

Saturday  
 Arrival  
 Times

<b>Route A</b>		<b>West Hills - Woodland Hills/Calabasas (east) - Lost Hills</b>
Stop 1	Temple Aliyah	10:35
Stop 2	Mulholland/Valmar/Desert (Mulholland side of the church)	10:21
Stop 3	Baby's R US	10:11
Stop 4	Agoura/Calabasas Community Center	10:01
<b>Route B</b>		<b>Calabasas (Bay Laurel &amp; Mountaingate areas) - Sumac School</b>
Stop 1	Bay Laurel School	10:31
Stop 2	Collingwood Cir. At Mountaingate	10:18
Stop 3	Gates Canyon Park	10:13
Stop 4	Sumac School	9:58
<b>Route C</b>		<b>Lang Ranch Park - North Ranch - Westlake - Agoura (Reyes Adobe)</b>
Stop 1	The Park on Lang Ranch Pkwy.	10:35
Stop 2	North Ranch Park	10:29
Stop 3	White Oak School	10:10
Stop 4	Forest Cove Park	9:58
<b>Route D</b>		<b>Oak Park - Agoura (Along Kanan)</b>
Stop 1	Deerhill Park	10:17
Stop 2	Brookside School	10:07
Stop 3	Shadycreek at Woodcreek (between Laro & Fountainwood)	9:58
<b>Route E</b>		<b>Oak Park - Lindero Cyn &amp; Kanan Area</b>
Stop 1	Eagle View Park	10:20
Stop 2	Golden Eagle at Golden Nugget	10:15
Stop 3	Red Oak School	10:02
<b>Route F</b>		<b>Moorpark - Thousand Oaks - Lang Ranch School</b>
Stop 0*	Mountain Meadow School	10:50
Stop 1	Suburbia Park (Just Southeast of Lynn & Ave. de los Arboles)	10:33
Stop 2	Lang Ranch School	10:17
Stop 3	Janss Rd. "Park and Ride" just east of the 23 Freeway	10:07
<b>Route G</b>		<b>Newbury Park - Westlake Village</b>
Stop 0*	Old Conejo at Wendy Dr. (behind Mobil Station)	10:43
Stop 1	Dos Vientos Community Park	10:32
Stop 2	Cypress at Greenmeadow	10:20
Stop 3	Triunfo Canyon Rd. at Three Springs (grass area on lake side)	10:02

-----Tear-Off-----

## **CONFIRMATION SLIP FOR SLEEPOUT, August 17th, 2007**

**RETURN BY FRIDAY, August 10<sup>th</sup> 2007**

Please return this tear-off with a check made payable to Sunny Skies Day Camp (\$76.50 for each camper attending)

Camper's Name (first and last)	Counselor's Name	Will You be sending medication for your camper to take during the sleepout?	Please list the medication, dosage and time(s) to be given. Give medicine to bus counselor or office staff at camp
1.			
2.			
3.			

have/has my permission to attend the sleepout at Sunny Skies on Friday, August 17<sup>th</sup> 2007.

### **SATURDAY MORNING TRANSPORTATION -- PLEASE CHECK ONE FROM BELOW**

My child(ren) will ride the bus to their regular afternoon bus stop on Saturday Morning. (See schedule above)

We will pick our child(ren) up **from camp** between 9:45 - 10:00 am on Saturday morning.

\_\_\_\_\_  
 Parent/Guardian's Signature